

*This eBook is  
brought to you  
courtesy of:*

*Conscious* **Kernels**

**Spiritual  
eBooks  
and  
More**



[www.consciouskernels.com](http://www.consciouskernels.com)



# *Creating Perfect Self-Expression*

101 Affirmations to Think By



by

APRIL LAWLER





**T**hroughout the ages, Mystics, Truth Teachers, and even modern-day Self-Help Gurus have all lauded the effectiveness of positive affirmations. Most of us are very good at negative affirmations like: "I'm too busy working to do what I really like doing." "I'm not good at anything." "I'll have to wait until I retire to enjoy myself." Positive affirmations work best when we say them, not to make something come true or to make us believe something, but because they are the Truth (with a capital T) and stating them reinforces our acknowledgement and acceptance of them in our lives. Read these affirmations often. Say them out loud. Write them down and post them in a place where you will see them every day. Begin to understand the Truth behind every statement.





56. There is something in this world that I am the best at.
57. No one can be a better me than me!
58. God expresses itself through me.
59. I am open to following a new path.
60. I follow my own path.
61. I follow my intuition as it is Spirit speaking to and through me.
62. Whatever I need for success comes to me.
63. Everything falls into place when I make the decision to move forward.
64. All the power in the Universe is behind me when I am behind me.
65. I am unstoppable in what I can accomplish.
66. God never sets me up for failure.
67. The more I express myself the more complete the world is.
68. The Universe needs me to be me.
69. I am constantly discovering new talents that I possess.

